

The book was found

Brain Inflammation In Chronic Pain, Migraine And Fibromyalgia: The Paradigm-Shifting Guide For Doctors And Patients Dealing With Chronic Pain (Inflammation Mastery & Functional Inflammomology)

BRAIN INFLAMMATION IN CHRONIC PAIN, MIGRAINE AND FIBROMYALGIA

THE PARADIGM-SHIFTING GUIDE FOR DOCTORS AND
PATIENTS DEALING WITH CHRONIC PAIN



© 2016 Dr Alex Vasquez. ICHNFM.ORG. Inflammation Mastery. 4th Ed.
Brain by Huachiao per Pictor.com via creativecommons.org/licenses/by/2.0

Alex Vasquez, D.C., N.D., D.O., F.A.C.N.
ICHNFM.ORG • InflammationMastery.com/pain



Synopsis

This book solves the mysteries of chronic pain disorders such as migraine and fibromyalgia by explaining that the "central sensitization" which makes the brain more sensitive to pain signals is actually caused by inflammation within the brain. By understanding the 3 main components of brain inflammation -- pain, inflammation, and mitochondrial dysfunction -- patients and doctors are able to understand and then treat these painful conditions with greater success. This version was previously published as Pain Revolution (full color), excerpted from Chapter 5 of "Inflammation Mastery, 4th Edition" also published as a two-volume set as "Textbook of Clinical Nutrition and Functional Medicine, Vol. 2: Protocols for Common Inflammatory Disorders." The updated cover image emphasizes the importance of the brain inflammation that underlies the "central sensitization" which makes the brain more sensitive to pain. **PURPOSE & AUDIENCE:** This book is written to provide essential information to doctors and patients dealing with chronic pain generally, migraine and fibromyalgia specifically. The information is also relevant for cluster headache, myofascial pain syndrome, and complex regional pain syndrome. With hundreds of citations to the biomedical research literature, this book provides unique insights into the causes of and solutions for migraine and fibromyalgia as prototypic pain disorders chiefly characterized by central sensitization, glial activation, and mitochondrial dysfunction. Clinicians and patients alike will gain insights that are immediately applicable for the treatment of these conditions. Importantly, the focus of Dr Vasquez's Functional Inflammation Protocol is to skillfully address • in a structured manner • the underlying causes of pain and inflammation, not simply to alleviate pain/inflammation via drug dependency. This book details the pathophysiology and essential treatment components; additional explanations and updates are provided via video lectures and tutorials. **DIGITAL:** Ebook version will be published in January 2016. **ABOUT THIS BOOK:** This book is an excerpt from Chapter 5 of Dr Vasquez's most recent 1,200-page textbook, Inflammation Mastery, 4th Edition (2016). The information in this book has been developed over many years starting from Dr Vasquez's teaching notes in Orthopedics and Rheumatology in 2000 and 2001, then in Integrative Orthopedics (2004, 2012), Musculoskeletal Pain: Expanded Clinical Strategies (Institute for Functional Medicine, 2008), Functional Medicine Rheumatology (2014), and Human Microbiome and Dysbiosis in Clinical Disease (2015).

Book Information

File Size: 8772 KB

Print Length: 140 pages

Publisher: International College of Human Nutrition and Functional Medicine ICHNFM.ORG; 4th

Edition edition (April 23, 2016)

Publication Date: April 23, 2016

Sold by:Ã Â Digital Services LLC

Language: English

ASIN: B01EQ9KMH6

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Not Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #119,845 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #8

inÃ Â Kindle Store > Kindle eBooks > Medical eBooks > Alternative & Holistic > Chiropractic #17

inÃ Â Kindle Store > Kindle eBooks > Medical eBooks > Pharmacology > Pain Medicine #33

inÃ Â Books > Medical Books > Allied Health Professions > Chiropractic

Customer Reviews

Info well put together. References throughout.

Great information needed for us people trying to help the public stay healthy and make better choices.

This book as very informative but not an easy read.

A comprehensive theory that explains what is happening inside the brain during migraine, headache, and fibromyalgia. A must read for headache docs. If you do not have medical training it will be a bit hard to follow - buy it anyways and give to your doctor. You will be glad you did.

Alex Vasquez is an amazing writer and researcher who toils endlessly to help us assimilate and make use of the cutting edge information in the field of health. Bravo.

[Download to continue reading...](#)

Brain Inflammation in Chronic Pain, Migraine and Fibromyalgia: The Paradigm-Shifting Guide for

Doctors and Patients Dealing with Chronic Pain (Inflammation Mastery & Functional Inflammolgy)
Textbook of Clinical Nutrition and Functional Medicine, Vol. 1: Essential Knowledge for Safe Action
and Effective Treatment (Inflammation Mastery & Functional Inflammolgy) Textbook of Clinical
Nutrition and Functional Medicine, Vol. 2: Protocols for Common Inflammatory Disorders
(Inflammation Mastery & Functional Inflammolgy) Fibromyalgia: The complete guide to
fibromyalgia, understanding fibromyalgia, and reducing pain and symptoms of fibromyalgia with
simple treatment methods! Happy Brain: 35 Tips to a Happy Brain: How to Boost Your Oxytocin,
Dopamine, Endorphins, and Serotonin (Brain Power, Brain Function, Boost Endorphins, Brain
Science, Brain Exercise, Train Your Brain) Anti Inflammation: The 10 Day Inflammation Reduction
Miracle: Beat Swelling, Lose Weight, Get Energized, Cure Pain, Optimal Nutrition for the Reduction
of Inflammation Explaining 'Unexplained Illnesses': Disease Paradigm for Chronic Fatigue
Syndrome, Multiple Chemical Sensitivity, Fibromyalgia, Post-Traumatic Stress Disorder, and Gulf
War Syndrome Gout & Anti Inflammation Meal Plan Guide - Nutritional Strategies for Reducing
Inflammation Naturally Gout Prevention, Gout Diet, Anti Inflammatory Foods ... Eat, & Avoid, &
More -> (Gout & Inflammation) Chronic Fatigue Syndrome And Your Emotions: How To
Successfully Treat Chronic Fatigue Syndrome In The Natural Way-A Key For Recovery (Chronic
Fatigue Syndrome, ... Syndrome Fibromyalgia, Lupus, Book 3) The Fatigue and Fibromyalgia
Solution: The Essential Guide to Overcoming Chronic Fatigue and Fibromyalgia, Made Easy!
Nolte's The Human Brain: An Introduction to its Functional Anatomy With STUDENT CONSULT
Online Access, 6e (Human Brain: An Introduction to Its Functional Anatomy (Nolt) Coping with
Chronic Illness: *Neck and Back Pain *Migraines *Arthritis *Fibromyalgia*Chronic Fatigue *And
Other Invisible Illnesses Fibromyalgia: The Complete Guide to Living: Easy and Natural Cures that
Reduce Fibromyalgia Pain and Suffering Fibromyalgia: The Fibromyalgia Guide to Overcome Pain
and Suffering to Live a Happier Life 40-Day Financial Fast: Shifting Your Paradigm toward Financial
Freedom Classification of Chronic Pain: Descriptions of Chronic Pain Syndromes and Definitions of
Pain Terms Prevent Wind Diseases: DIY Cure Stiff-Neck Pain, Migraine Headache, Edema, and
Brain Tumor The Migraine Miracle: A Sugar-Free, Gluten-Free, Ancestral Diet to Reduce
Inflammation and Relieve Your Headaches for Good Back Stretching: Back Strengthening And
Stretching Exercises For Everyone (lower back pain, healing back pain, stretching exercises, back
pain treatment, ... pain relief, stretching, back pain Book 1) Exercises for Fibromyalgia: The
Complete Exercise Guide for Managing and Lessening Fibromyalgia Symptoms

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)